

A Global Pandemic.

Violence against women continues to be a global pandemic. Despite the progress in health and education that some countries have achieved, the challenge is there for everyone. Prevention is possible and essential and a better world for all starts by building a society where women are treated equally, avoiding all kind of gender discrimination.

Violence takes countless forms ,from domestic abuse to reproductive coercion and it is an important issue to discuss in our schools and institutions where children should be taught to recognise and to prevent it.

Now more than ever all of us have the power to end the violence against women standing together, promoting human rights in our homes, communities neighbourhoods and institutions.

Besides violence against women is also violence against children, therefore it leads to more violence, Governments should enforce laws that protect women and should punish the offenders.

We can speak up in our workplaces demanding our equal status and reporting any expression of gender violence we witness.

Only when everyone becomes aware of and determined not to tolerate it will we thrive and take steps towards a better world. N.M.